



The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942
www.st-lukes-la-mesa.org

September 2011
Volume 11 Issue 9
Monthly Newsletter

What Goes Up ...

We invite you to join St. Luke's Lutheran Church

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor:
619-463-6633 or office-sllc@att.net

Office hours are:
Monday - Friday, 8:00 a.m. - 5:00 p.m.

Table of Contents

Pastor Mark	page 1
Pastor Mark	page 2
Treasurer/Heifer Intl.	page 3
Outreach/Parish Potpourri	page 4
Fellowship	page 5
Thank You	page 6
Birthdays / Worship Text/Memorials	page 7
Prayer Calendar	page 8
Worship Teams	page 9
Church Event Calendar	page 10

We would really like to keep in touch with you. If you haven't already given us your email address, it's as easy as sending St. Luke's an email with the subject line stating "Include Me". This way you won't miss out on the updates and reminders of things going on presently and in the future.

The autumn is quickly approaching. In contrast to other parts of the country, the seasons at lower elevations in southern California are not terribly distinct. Here, spring, fall, summer, and winter are, so to speak, various shades of sunshine. When it is fall in southern California, the leaves on the trees may indeed not fall, and if they do, they might wait well into "winter."

The idea of "fall" can have other, more ominous implications. One hears of the rise and fall of an empire or a nation. Some say that the United States is falling from its pinnacle position as a world power. An employee, politician, celebrity, friend, colleague, pastor, etc., can fall from a pedestal or grace or favour. The term "fall" also describes not only Adam and Eve's descent into original sin but the predicament of all humanity's condition as separated from God (hereditary sin). As St. Paul writes, "For there is no distinction: for all have sinned and fall short of the glory of God, ..." (Romans 3:22-23).

The phrase "what goes up, must come down" seems to reflect the inevitability of the human situation. That said, can something fall if it has not "gone up"? Can something just "there" still "come down"? Lutherans claim that the article of justification by faith alone is the article by which the church stands or falls (in Latin *articulus stantis et cadentis ecclesiae*).

What does that mean? Does standing entail being elevated or can it simply imply a given position? Does being an "upstanding" member of the community entail an elevated position won or given or a bit of both? Alternatively, is one considered "upstanding" chiefly because one is planted or rooted in some foundational element of life, i.e. have one's "feet on the ground"?

Continued from page 1

Whatever the case, as its cognate implies, falling is often a form of failing. Some denominations in the USA which began their life as recently as 1987-1988 with 5.2 million members now have only 4.2 million and decreasing. That is a loss of 1.1 million (or 20%) in just 25 years! Such falling membership is indicative of a great failing, not just in terms of membership but chiefly as a falling away from the doctrine by which the church stands or falls, namely justification by faith alone, the cornerstone doctrine of the Lutheran Reformation.

Some years ago, St. Luke's embarked on a venture to become "genuinely Lutheran." This venture does not entail devising the perfect church or seeking to resurrect a denominational ideal or developing a corporate identity or wanting to play religious politics. In other words, it does not revolve around something that we can or should do. Instead, it involves firstly what God and God's word do to us sinners with all our falling and failings. Through the gospel of Jesus Christ which creates alone creates the faith by which we are justified God resurrects and refashions us into the image of his son, Jesus Christ. That is good news indeed!

So, as we approach our "fall" activities at St. Luke's Lutheran Church, ask yourself a few questions. Are you fully remade in the image of Jesus Christ? Are we as a parish the same? Are you and are we taking full advantage of the many opportunities at St. Luke's for God's word to effect its re-creative power in our lives? In Lutheran language, is our church standing boldly on the gospel of Jesus Christ alone or are we falling into the promotion of our perennial but well-intentioned human failings? How and where is Jesus Christ calling you to serve the hearing and teaching and preaching of his word in our midst, in La MeAutumn Parish Educational Opportunities in our region, and in the world?

Autumn Parish Educational Opportunities

As St. Luke's begins its fall programme of learning in September, Christian educational opportunities abound. Wednesday Night Live (WNL) will resume on (yes, you guess it) Wednesday, 07 September 2011, with dinner at 5:00 pm and study at 6:00 pm. Sunday School for all ages will begin on (surprise, surprise) Sunday, 18 September at 10:30 am. The Men's Bible Study continues to meet on Saturday mornings at 7:00 am, and the two Women of St. Luke's (WSL) Bible studies take place on the second Tuesday (Rebekah Circle) and third Thursday (Deborah Circle) of each month at 7:00 pm and 10:00 am respectively. Catechism will resume in early September, and St. Luke's Theological Academy hope to offer its "Introduction to the Christian Faith" course again this autumn (TBA).

Spectacular Vacation Bible School (VBS)

We wish to thank Pat Swanson, the Parish Education Committee, and countless others who helped to plan, organize, construct, and teach in our remarkable recreation of "Nazareth" serving as this year's venue for VBS at St. Luke's. On many days from 25-29 July, we had over 50 children and over 30 adults participating. VBS raised \$544.00 to help "Fuel the Mission" of the Lutheran Association of Missionaries and Pilots (LAMP) in remote areas of Canada. It could not have been a better week. VBS at St. Luke's cannot be described adequately with words. It must be experienced. In light of this success, VBS will become its own programme at St. Luke's. If you wish to be part of this programme, please see Pat Swanson.





All is Fair at the Annual Congregational Picnic

The “Country Fair” theme as this year’s congregational picnic on 21 August became a reality. The food, the fellowship, and the fair atmosphere were delightful. We are grateful to the Fellowship Committee and all others for their efforts planning and implementing the fun. We thank the Logsdons for donating their charity prize of carnival and bouncy equipment which was enjoyed by all those young at heart.

TREASURER NOTES

St. Luke’s Financial statement is located in the Library for inspection by anyone wishing to view it.

Terry East

Treasurer

HEIFER INTERNATIONAL

Zero-grazing Concerns

An excerpt from a letter to HEIFER INTERNATIONAL: “You’d better explain zero-grazing to those of us who oppose crowded quarters for animals. Yes, it’s convenient. Yes, it’s easier on the ecosystem. No, it’s not good for the animals!”

HEIFER’S answer: Zero-grazing is different in many ways from feedlots. In rural villages, simple sheds made out of local materials provide a place for animals to be fed and protected from predators and theft, and where manure can easily be collected for gardens and crops.

Outdoor exercise and sunlight are part of the healthy management of these animals, while cut-and-carry feeding reduces the energy farmers spend managing them. Finding the right balance is part of the training HEIFER provides.

How can a farmer-led experiment in Nepal.....

produce healthier, heavier goats? That was the question that drove a Heifer Nepal experiment.

From February 2010 until January 2011, 27 women from a project in Shaktikhor participated. They divided themselves into five groups, each receiving a pair of similar goat kids. A survey carried out earlier revealed, among other things, that farmers needed at least 18 months to produce a goat weighing 55-75 pounds. Then the field school came up with a list of improvements to present practices, which included rain-proofing goat pens, supplementing fodder with concentrated feed, vaccinating on a schedule and improving breeding practices. Each of the five groups raised its two goats – one raised using the standard method and one using the new, improved method.

The five groups met once a month to share their observations and discuss the trial. In the early days, the farmers were not convinced the project was worth it. But they became motivated once they saw the outcomes, which were staggering.

Using the improved method, farmers were able to produce goats weighing 55 pounds in only seven months, instead of the 18 months required before. The average weight after a year was twice as high using the new method, and the average time from birth to both mating and kidding was reduced by more than 100 days. That meant more generations and larger goats in less time. Shaktikhor is already becoming a resource village for goat farming. Patient experimentation is another example of deep community work for which HEIFER is well known.

The Heifer Quarter Bank is always receptive to your quarters!! Please remember this on Sundays when you walk through the Narthex!!

ON GOING OUTREACH

TACO NEWS: RECENT INFO

“TACO has been blessed by many volunteer groups who have helped serve the meal. Our regular groups lately include St. Peter’s by the Sea Lutheran Church, Carlton Hills Lutheran Church, **St. Luke’s Lutheran Church**, Bethlehem Lutheran Church, and Calvary Lutheran Church. We have also welcomed a girl scout troop, a cub scout troop, and several families from around San Diego. What a joy to share the experience of serving God’s people with so many. Since January 2011, TACO has served over 15,000 meals to almost 10,000 people. This could not be possible without so many volunteers and so many supporters from all over the country.”from Volunteer Coordinator Rachel Line.

In the months to come you will be hearing about the Outreach Committee’s plans for Christmas gifts for the homeless.

TACO RUMMAGE SALE FUND RAISER

The parish hall at Clairemont Lutheran was filled to overflowing with items donated by the various churches in San Diego County. St. Luke’s members also contributed.....a Ford Escape was absolutely filled.....not even room for a passenger. Thanks to all who made donations!!

LATE GREAT NEWS!!

According to an email from Bill Radatz, a TACO Board member, the grand total of \$8193.70 was realized from the rummage sale. It was a job well done!!

A CHANGE TO THE CALENDAR:

The Monday, September 26, serving date for

TACO has been changed to Monday, Sept. 19.

LAST CHANCE FOR TICKETS!

If anyone is interested in attending BREAD UPON THE WATERS, this year’s “Live and Silent Auction and Autumn Harvest Supper” to benefit

TACO, please let Judy in the office know as soon as possible. Tickets are still available. This year’s event is being held at the Southwestern Yacht Club.

PARISH POTPOURRI

BOB and BONNIE FULLER had some special guests visit in July: their niece and family, AMBER, DEREK, JOSHUA, LUCY and ZACHARIAH FANNIN, on their way from Atlanta to New Zealand. The FANNIN family of five were on their way to begin their two-year mission with the Youth With A Mission (YWAM) organization.....BOB and BONNIE will leave September 24 for nine days on the Kenai Peninsula (Cooper Landing, Alaska). Their youngest son, BRIAN, and his fiancée, KRISTIN, will be married on September 24. They will also get to hold and meet their newest grandchild on this trip. Their other two sons, JEFF and GREG, will be flying in from Surprise, AZ, for the wedding!!.....Again, congratulations to MAKAYLA STROMENGER, granddaughter of MARGE and CHUCK HERSOM, for helping her softball team attain 7th place in the Western USA softball competition.....Several St. Luke’s members are becoming involved with La Mesa’s planned Centennial Celebration which will occur in 2012-2013.....JIM DOLAN, who in 1961 was part of his local Little League Team that won the World Series, is looking forward to getting together with his teammates to celebrate the 50th anniversary of their win!! They will be talking over old times on August 28 at Seau’s in Mission Valley.....A man and his wife were having an argument about who should brew the coffee each morning. The wife said, “You should do it be-

cause you get up first, and then we don't have to wait as long to get our coffee."

The husband said, "You are in charge of cooking around here and you should do it, because that is your job, and I can just wait for my coffee."

Wife replies, "No, you should do it, and besides, it is in the Bible that the man should do the coffee!" Husband replies, "I can't believe that.....shme!"

So she fetched the Bible and opened the New Testament and showed him on the top of several pages that it indeed says: HEBREWS!!

Dear St. Luke's Members and Friends,

I want to extend my deepest thanks to all who came to my recital on August 14th. Your presence was a comfort and blessing that exceeds all words. To spend time with my church family before departing for Florida was an incomparable joy that warmed my heart before the long journey.

Growing up in such a nurturing community is a blessing that not all can call their own. It is through time, care, and wisdom that a community such as yourselves can grow into a unity of Believers who strengthen all those who listen. The support you have given over the past twenty-one years cannot be appropriately addressed in words, but know that I am forever grateful and hope to show others the love and support you have shown me.

As of August 29th, I have moved into my dorm room, begun my classes, and made friends with musicians from all over the world. I am expecting a great year of music making with my fellow colleagues and plan to visit San Diego to share all of my progress and stories with you!

Thank you and I love you all!
Your sister in Christ,
Victoria "Tori" Hauk

FELLOWSHIP

Well, we have stuffed ourselves at the annual picnic and enjoyed the fair. Hope everyone had a great time. We extend thanks to the Logsdons for the donation of the carnival, Lyle and his cooking crew for the delicious meal, and to all the master bakers in the church – yum, yum. We also thank all the exhibitors for sharing their interests. All agree, fun way to spend an afternoon together.

Looking forward to Reformation: Keep those chef hats on because we'll be rolling out another delicious event, more info to follow in September. *Jennifer Killion*



THANK YOU NOTES

HEARTFELT THANKS!

Gene, Gail and Rebecca Knippelmeyer send heartfelt thanks to all who participated in celebrating Hazel's life at her memorial service on August 20th. The set up, the flowers, the food, the cards and sympathy, the stories and remembrances, are all appreciated so much. Hazel/Mom would have enjoyed being a part of the festivities!

My Dear St. Luke's Family,

Peace and praise to all of "you". I call you my family having none of my own here. Many thanks to Pastor Menacher and Jim Thomas for your many visits to my bedside. And my heartfelt thanks for all the cards, pictures, visits, thoughts, and prayers given in my behalf. They have done so much to brighten my days, and raise my spirits in my struggle to overcome my disabilities and sicknesses. (Good days and bad days) I pray Jesus to be with me, and I feel a calming presence just knowing he is here with me. May God walk with all of us .

Margaret "Maggie" Simmons

Dear St Luke's Congregation,

I want to thank you all for your generous gift of money to Bon Samaritan. I cannot do this without the Holy Spirit working through me and without people like you. God always provides month after month even when our bank account shows zero. It was such a lovely surprise to find your gift and know September was all taken care of for the children.

Please see our web site to find out more of what God is doing in our lives in Haiti:
bonsamaritan.org

God bless you all.

Serving Him together with you with gladness,
Ann Hume

Dear Christian Friends,

In July of 2010 I was diagnosed with an inoperable malignant mass in my chest. (Mediastinum) Since then I've had 1100 cc fluid drained from the left side of my chest; received numerous IV chemo treatments; and spent three stints in the hospital, via 911. I'm grateful for your prayerful petitions on my behalf. I haven't had any chemo for a couple of months now and feel good. My cat scans are negative for metastatic lesions. Again, I say thank you.

Love, *Jim Thomas*

Thank You for Partnering with Us in Mexico

Dear Pastor Mark and St. Luke's Church,

Thank you so much for allowing our team to stay at your church in June.

We appreciate the hospitality and generosity you have extended to us.

What a great blessing. The team had an amazing week in Mexico serving the children and staff at Gabriel House.

May God bless you,

Steve, Jan, and Craig

Mexican Medical Ministries

Thank you so much for everything you did for us during our visit in your church in May. A special thanks to every host family for their kindness taking care of the choir members in their homes. We are very grateful for all your love and support!

Thanks again and God Bless you.

The Believers / *Lena & Stig Sandlund*

Volunteers Needed

St. Luke's is in need of another projectionist for Sunday mornings during the service. If this is something you feel you would like to do, contact the office or Sue Caldwell.

SEPTEMBER WORSHIP TEXT



**HAPPY SEPTEMBER
BIRTHDAY
to you....**

Darcy Barghols
Patti Boekamp
Cathie Floegel
Beverly Holland
Gene Knippelmeyer
Peter Mylerberg
Beverly Newak
Ted Olsen
Karen Skullerud

4th Twelfth Sunday after Pentecost
First Lesson—Ezekiel 33: 7-11
Second Lesson—Romans 13: 8-14
Gospel—Matthew 18: 15-20

11th Thirteenth Sunday after Pentecost
First Lesson—Genesis 50: 15-21
Second Lesson—Romans 14: 1-12
Gospel—Matthew 18: 21-35

18th Fourteenth Sunday after Pentecost
First Lesson—Jonah 3: 10-4:11
Second lesson—Philippians 1: 21-30
Gospel—Matthew 20: 1-16

25th Sixteenth Sunday after Pentecost
First Lesson—Ezekiel 18: 1-4, 25-32
Second lesson—Philippians 2: 1-13
Gospel—Matthew 21: 23-32



DID YOU KNOW!

Our monthly newsletter is printed FREE because of generous people / companies that advertise. It is true, and we need to let these generous people know that we appreciate them. If you are in need of plumbing services...

PLEASE CALL and THANK

MASTER PLUMBING
P.O BOX 928343
SAN DIEGO CA 92115
619-504-6753

*Make sure you tell them
you heard about them from
our Newsletter!*

MEMORIAL GIFTS

Donna Bohnsack Memorial
Glen Bohnsack

Hazel Knippelmeyer
Louise Holder
Randy Engel
Betty White

PARISH BUILDER ARTICLES

October 2011 articles,
due in the office by
September 15th

Thank you, Judy

SEPTEMBER PRAYERS

	Scripture	God, the Son
1	Luke 1: 27-33	<i>From God the Father, virgin born</i>
2	Matthew 3: 16-17	<i>To us the only Son came down;</i>
3	John 1: 1-7	<i>By death the font to consecrate,</i>
4	John 1: 32-34	<i>The faithful to regenerate.</i>
5	Hebrews 1: 1-5	
6	Hebrews 1: 6-9	<i>Beginning from His home on high,</i>
7	2 Peter 1: 16-18	<i>In human flesh He came to die;</i>
8	John 3: 16-18	<i>Creation by His death restored,</i>
9	John 3: 34-36	<i>And shed new joys of life abroad.</i>
10	Hebrews 5: 1-6	
11	Hebrews 7: 25-28	<i>Glide on, O glorious Sun, and</i>
12	Romans 1: 1-4	<i>Bring the gift of healing on your wing;</i>
13	Romans 3: 23-26	<i>To every dull and clouded sense</i>
14	Galatians 4: 4-7	<i>The clearness of your light dispense</i>
15	Colossians 1: 13-20	
16	Colossians 2: 9-10	<i>Lord, once you came to earth's domain</i>
17	Hebrews 3: 4-6	<i>And, we believe, shall come again;</i>
18	Romans 8: 28-29	<i>Be with us on the battlefield,</i>
19	2 Corinthians 1: 18-20	<i>From every harm your people shield.</i>
20	Romans 8: 31-32	
21	Hebrews 4: 14-16	<i>To you, O Lord, all glory be</i>
22	1 John 1: 1-4	<i>For this Your blest epiphany;</i>
23	1 John 4: 13-16	<i>To God, whom all His hosts adore,</i>
24	1 John 5: 11-12	<i>And Holy Spirit evermore.</i>
25	1 John 5: 19-20	
26	Galatians 2: 20-21	<i>Hymn 83</i>
27	1 Thessalonians 1: 8-10	<i>Verses 1,2,3,5,6</i>
28	Hebrews 9: 27-28	<i>LBW</i>
29	Matthew 11: 27-30	
30	Hebrews 13: 20-21	
31		

SEPTEMBER WORSHIP TEAMS

	Reader Altar Guild Sound Technician	<i>Marge Hersom Shirley Carrington Ben Wilson</i>
4th		
	Prayers of the People	<i>Liz Dunnigan</i>
	Projectionist	<i>Emily Rose Menacher</i>
	Communion Assistants —Wine	<i>Liz Dunnigan, Darcy Barghols</i>
	Greeters	<i>Bonnie Fuller, Loraine Wininger</i>
	Usher Team	<i>George Hauk</i>
	Acolytes	<i>Grace Menacher, Makayla Stromenger</i>
11th	Communion Assistant—Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Pat Swanson</i>
	Projectionist	<i>Emily Rose Menacher</i>
	Communion Assistants- Wine	<i>Dawn Dolan, Marge Hersom</i>
	Greeters	<i>Chuck Volker, Bob Des Lauriers</i>
	Usher Team	<i>Shirley Carrington</i>
	Acolytes	<i>Grace Menacher, Makayla Stromenger</i>
18th	Communion Assistant— Bread	<i>Judi Dunnigan</i>
	Prayers of the People	<i>Bev Holland</i>
	Projectionist	<i>Shirley Carrington</i>
	Communion Assistants —Wine	<i>Gene Knippelmeyer, Karen Skullerud</i>
	Greeters	<i>Bob & Marilyn Burns</i>
	Usher Team	<i>Chuck Hersom</i>
	Acolytes	<i>Billy Miles, Emily Rose Menacher</i>
25th	Communion Assistant— Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Pastor Mark Menacher</i>
	Projectionist	<i>Roger Caldwell</i>
	Communion Assistant —Wine	<i>Cathie Floegel, Joe Makowski</i>
	Greeters	<i>Darcy Barghols, Gene Knippelmeyer</i>
	Usher Team	<i>Randy Engel</i>
	Acolytes	<i>Billy Miles, Grace Menacher</i>

SEPTEMBER 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 9:00 a.m. Worship Service	5 Labor Day Staff holiday— Office Closed	6 8:00 a.m. Tai Chi Noon WSL 7:00 p.m. Benevolence Meeting	7 WW School resumes 8:30 a.m. Facility Mtg. 11:00 a.m. Variety Shower 5:00 p.m. WNL 6:00 p.m. Bible Study 7:00 p.m. Choir Practice	8 8:00 a.m. Tai Chi	9 Noon Seniors	10 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
11 9:00 a.m. Worship Service Choir resumes	12 9:00 a.m. Counters 5:30 p.m. Finance 6:30 p.m. Council	13 8:00 a.m. Tai Chi 9:30 a.m. Project Day 7:00 p.m. Rebekah Cir.	14 8:30 a.m. Facility crew 5:00 p.m. WNL 6:00 p.m. Bible Study 7:00 p.m. Choir Practice	15 8:00 a.m. Tai Chi 10:00 a.m. Deborah Circle	16 5:00 p.m. <i>Deadline/PB Parish Builder</i>	17 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
18 9:00 a.m. Worship Service 10:15 a.m. Sunday School resumes	19 9:00 a.m. Counters 7:00 p.m. TACO	20 8:00 a.m. Tai Chi	21 8:30 a.m. Facility crew 5:00 p.m. WNL 6:00 p.m. Bible Study 7:00 p.m. Choir Practice	22 8:00 a.m. Tai Chi	23	24 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
25 9:00 a.m. Worship Service 10:15 a.m. Sunday School	26 9:00 a.m. Counters	27 8:00 a.m. Tai Chi 9:30 a.m. Project Day	28 8:30 a.m. Facility crew 5:00 p.m. WNL 6:00 p.m. Bible Study 7:00 p.m. Choir Practice	29 Set up LM Oktoberfest (time TBA)	30 L.M. Oktoberfest 5-7 p.m. Warren-Walker Fall Carnival	

ST. LUKE'S LUTHERAN CHURCH
5150 WILSON STREET
LA MESA, CA 91942

Phone: 619-463-6633
Webpage: www.st-lukes-la-mesa.org
Email: office-sllc@att.net

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
EL CAJON, CA
PERMIT NO 262

Dated Material
September 2011

ADDRESS SERVICE REQUESTED

A WARM WELCOME TO ALL

- Worship Service: Sundays, 9:00 a.m. in the Sanctuary.
- ◆ Sunday School for all ages will resume on Sunday, September 18, 10:15 am.

St. Luke's Mission Statement:

We are called as a community of Christians saved by grace
—through faith alone in Jesus Christ—
to spread the Holy Gospel in word, sacrament, and action
soli deo gloria.